Nordic neighbours release new advice on surviving war

On Monday, millions of Swedes will start receiving copies of a pamphlet advising the population how to prepare and cope in the event of war or another unexpected crisis.

"In case of crisis or war" has been updated from six years ago because of what the government in Stockholm calls the worsening security situation, by which it means Russia's full-scale invasion of Ukraine. The booklet is also twice the size.

Neighbouring Finland has also just published its own fresh advice online on "preparing for incidents and crises".

And Norwegians have also recently received a pamphlet urging them to be prepared to manage on their own for a week in the event of extreme weather, war and other threats.

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